




**NEW TO
BOLTON**

**STARTING
3RD MAY**


FREE **PARK YOGA** **SESSIONS**

9.30AM - 10.30AM ON SUNDAYS



 **Queen's Park,
Spa Road, BL1 4RU**
(near the cafe)

 **Bring a mat or towel**

 **No need to book -
just turn up and look out for
the Park Yoga flag - we'll be
going ahead come rain or shine!**

**SCAN TO
FIND OUT
MORE**



On behalf of
**Bolton
Council**

**The charity building an
active healthy community**
www.activebolton.com